




May 2026 Adult Programs

1900 Tyler Street, Conway, AR 72032 | 501-327-7482 | fcl.org

SUN	MON	TUE	WED	THU	FRI	SAT
31 CLOSED	Coming up in June: 6/5 Beginner Line Dancing 7P 6/6 Guided Meditation 11A 6/7 East of Anthony Concert 2P 6/12 Coffeehouse Concert Series 7P 6/13 America 250 Celebration 1P & 3P		6/17 Blood Drive 11A-4P 6/19 CLOSED 6/20 Community Cookout 11:30A 6/23 Writing Workshop 10A 6/25 Open Mic Night 7P	 Hiring Event with Express Employment Professionals Conway Library Lobby 10:00A-11:30A Wednesday, May 13th Friday, May 22nd	1 D&D 12P Let's Learn Together: Español 2:30P D&D 4P	2 Free Comic Book Day 10A-1P Guided Meditation 11A Community Chess Club 1P
3 CLOSED	4	5 Friends of the Library Meeting 10A Yarnaholics 3:30P Chronic Pain Support Group 7P	6 HMS/CREO Job Fair 9A-Noon Tai Chi 1P Yoga for Aging Better 3P Zen Coloring 4P	7 Healthy Nutrition on a Budget 10A Chair Yoga 3P Yoga 7P	8 Beginner Watercolor 10A D&D 12P Let's Learn Together: Español 2:30P D&D 4P Coffeehouse Concert 7P	9 Resource Fair 10A-1P Community Chess Club 1P
10 CLOSED	11 Conway League of Artists Spring Show Awards 6P	12 Yarnaholics 3:30P Chronic Pain Support Group 7P	13 Caregiver Brunch & Learn 10:30A Tai Chi 1P Yoga for Aging Better 3P Zen Coloring 4P Neurodivergent Support Group 5:30P	14 2nd Thursday Book Club 11A Chair Yoga 3P Yoga 7P	15 Beginner Watercolor 10A D&D 12P Let's Learn Together: Español 2:30P D&D 4P Beginner Line Dancing 7P	16 Community Chess Club 1P
17 CLOSED Rock of Pages 2P	18 Candid Foundation Center Grant Search Training AM/PM TBD Library Board Meeting 5:30P	19 Yarnaholics 3:30P Chronic Pain Support Group 7P	20 Tai Chi 1P Yoga for Aging Better 3P Zen Coloring 4P	21 Coffee & Conversation w/CLA 9A Senior Networking 11:30A Literati Writing Group 7P Chair Yoga 3P Yoga 7P	22 Beginner Watercolor 10A D&D 12P Let's Learn Together: Español 2:30P D&D 4P	23 Community Chess Club 1P
24 CLOSED	25 CLOSED	26 Yarnaholics 3:30P Chronic Pain Support Group 7P	27 Alzheimer's Support Group 10:30A Tai Chi 1P Yoga for Aging Better 3P Zen Coloring 4P Neurodivergent Support Group 5:30P	28 Chair Yoga 3P Yoga 7P Open Mic Night 7P	29 D&D 12P Let's Learn Together: Español 2:30P D&D 4P	30 Summer Reading Kick-Off 10A-2P Art of Presence: Mindful May w/UAMS 11A Playwright Group w/The Lantern 3P

Weekly Programs:

- **Yarnaholics** - Knitting, crochet, cross stitch, or even non-thread based crafting, are all welcome! Materials are not provided. All skill levels are welcome! Every Tuesday, 3:30 pm-6:30 pm.
- **Chronic Pain Support Group** - Tuesdays at 7:00 pm! Join a community support group with the American Chronic Pain Association. Visit acpanow.com for more information
- **Tai Chi** - This is a community group practicing Tai Chi for Health movements. Sessions are free and no pre-registration required; participants must sign in at each class. Every Wednesday at 1:00 pm. ***These sessions are not led by a teacher and are intended for all skill levels to follow along with a Tai Chi for Health DVD.***
- **Yoga for Aging Better** - Join Ruby for a session to help our bodies age better. Participants must sign in at each class. Mats, straps, and forms are available to borrow if needed.
- **Zen Coloring** - Decompress with us! Stop by the Seminar Room (near JF/YA) between 4:00 pm-6:00 pm for an intentional zen moment. A variety of coloring pages (including reverse coloring) will be provided as well as a selection of colored pencils, markers, and pens. Please silence your cell phone and keep conversations to a minimum in this space.
- **Chair Yoga** - Chair yoga is modified to be gentle for bodies of all abilities. Forms and straps are provided, but please feel free to bring your own. Participants must sign in at each class.
- **Yoga for Adults** - Designed for beginner or advanced students to feel welcome. Mats and forms are available to borrow if needed. Participants must sign in at each class.
- **Let's Learn Together: Español** - Every Friday at 2:30 pm join a community of individuals who want to be better Spanish speakers! Let's help each other learn and improve our language skills! There is no instructor; this is a self-paced group intended to hone conversational skills and provide practice opportunities.
- **Dungeons & Dragons (D&D)** - You can play D&D 5E at the library! Every Friday at Noon or 4:00 pm, please only attend one of the sessions. All materials provided. Intended for ages 16 and up.

Monthly Programs:

- **Community Chess Club** - Are you a chess enthusiast? Want to learn? This group is for you! Join fellow community chess enthusiasts on scheduled Saturday afternoons down at the stage area.
- **Coffeehouse Concert Series** - Join us for the next Coffeehouse Concert at 7:00 pm down at the stage! May's concert will feature local duo Howard & Skye, with Conway native Jeff Clanton opening the evening. Light refreshments will be provided. Suggested donations of \$10 will go to Conway Animal Welfare Support. For more information, please visit fcl.libnet.info/event/16063501
- **Caregiver Brunch & Learn** - Join Alzheimer's Arkansas and Arkansas Aging Wiser for a monthly meeting to learn about different issues facing clients, caregivers, and professionals. Held the 2nd Wednesday of each month at 10:30 am. Light refreshments are provided. For more information or to get involved, please contact AR Aging Wiser on Facebook.
- **NEW! Neurodivergent Community Support Group** - A community support group and gathering to help autistic, adhd, or otherwise neurodiverse adults connect with peers. Julianne Smith, LPC with Weird and Well Counseling will begin offering a general support group/community gathering on the 2nd & 4th Wednesday of the month at 5:30 pm right here at the library.
- **2nd Thursday Book Club** - This month we're discussing *I Know Why the Caged Bird Sings* by Maya Angelou. Books are provided through the Arkansas State Library's program for book clubs. Light refreshments are provided. Next month's book is *All the Beauty in the World* by Patrick Bringley. Visit fcl.libnet.info/events for more information about the titles for each month.
- **Coffee & Conversation with CLA** - Join Conway League of Artists on the 3rd Thursday for coffee and conversations about art! All are welcome to join. (Please bring your own coffee!)
- **Senior Networking** - Alzheimer's Arkansas is hosting a monthly Senior Networking meeting for professionals working with senior citizens! Held the 3rd Thursday of every month at 11:30 am. Please contact Alzheimer's Arkansas at alzark.org for more information.
- **Literati Writing Group** - Join Fellowship of Conway Literati on the third Thursday of each month at 7:00 pm for a writing workshop with fellow authors! This group is intended for ages 18 and up. Please find the Literati group on Facebook or Discord for more information and to have your piece workshopped with the group.
- **Alzheimer's Support Group** - Alzheimer's Arkansas provides a support group for those living with or caring for someone who lives with Alzheimer's and other dementia types. Group meetings are the last Wednesday of the month at 10:30 am. Visit alzark.org for more information.
- **NEW! Open Mic Night** - You're invited to hang out after-hours on the fourth Thursday and enjoy local talent and aspiring artists. Open Mic Night is run by local duo, Howard & Skye, and all genres are welcome, including spoken word! Performers, please keep content appropriate for a public venue. Light refreshments will be provided at no cost to attendees. Intended for ages 16 and up.
- **Playwright Group with The Lantern Theatre** - Join The Lantern Theatre and local playwrights for a community workshop! The first 30 minutes will be spent reading the selected work(s) for the month followed by feedback and questions. This event is free and open to the public. Please check the Lantern's Facebook page for information about this month's selected work.

Special & Seasonal Programs:

- **Free Comic Book Day** - Stop by the library and head down to the stage area to grab FREE comic books and make your own comic book scene button! Limited quantities available.
- **NEW! Guided Meditation** - Join The Twins, Allison and Emily, as they kick off bringing meditation sessions back to the library! Guided Meditation will be at 11:00 am on the first Saturday of each month out in the library garden. *July's session will be held the second Saturday due to Independence Day.
- **HMS/CREO Job Fair** - Are you looking for work? Stop by and see what HMS/CREO Group has available! Learn more about CREO Group/HMS: <https://creogroup.com/>
- **Healthy Nutrition on a Budget** - Join Faulkner Cooperative Extension Family & Consumer Science Agent, Mary Beth Groce, for an informational session on shopping and eating healthy on a budget.
- **Beginner Watercolor** - Join Christina on scheduled Friday mornings for a watercolor class at the library! This class is intended for beginners and those who want to improve their techniques. Each class will feature a different image and focus on practicing various techniques. Classes are free to attend and intended for ages 16 and up. Visit fcl.libnet.info/event/16190641 for more information.
- **Resource Fair** - Get connected with non-profit organizations and agencies that operate in our area! Visit fcl.libnet.info/event/16395210 for the full list of participating organizations.
- **Beginner Line Dancing w/Rowdy Roundabout** - Whether you're a complete newbie or a seasoned dancer, you're invited to join us for free line dance lessons at the library! This event is free and open to the public. Line Dancing at the Library is intended for ages 16 and up. Songs used may contain lyrics or subjects not suitable for children. Upcoming dates: June 5th, July 24th, and August 7th.
- **NEW! Rock of Pages: an after hours jam session** - Want to connect with fellow local musicians? Head on down the stage area for a gathering of musical souls and enjoy rocking out the library after hours. All genres and instruments are welcome! This jam session is intended for ages 16 and up.
- **Unearth a Story Summer Reading Program Kickoff** - Help us kickstart Summer 2026 at the Library with the Mid-America Science Museum, face-painting with Isabell Creek, dinosaur adoptions, summer reading bags, & Kona Ice! This event is free and open to the public. Schedules for summer programming will be available to take home.
- **Art of Presence: Mindful May with UAMS** - Join us for a mindful Saturday with Dr. Yu from UAMS and our very own Shawn, the Garden Guy. We'll start with a gentle yoga session and a sound bath for participants, and then we'll transition to mindful art with Shawn for a neurographic art inspired activity. Registration is required: fcl.libnet.info/event/16341277