November 2025 Adult Programs



1900 Tyler Street, Conway, AR 72032 | 501-327-7482 | fcl.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Conway League of Artists Fall Show is currently on display! Stop by and browse through the Conway League of Artists' Fall 2025 art exhibit in front of adult nonfiction! Exhibit runs through December 4th Reception & Awards: November 3rd @ 5:30 pm (Stage area) For more information about the Pick Six for Conway Special Election on Tuesday, November 18th Beginner Line Dan w/Rowdy Roundabo (Halloween Them							
2 CLOSED	3 Conway League of Artists Fall Show Reception 5:30P	4 Friends of the Library Meeting 10A Writing Workshop 1P Yarnaholics 3:30P Chronic Pain Support Group 7P	5 Tai Chi 1P Yoga for Aging Better 3P Zen Coloring 4P	Open Enrollment Medicare Info 1P Chair Yoga 3P Yoga 7P	7 Dungeons & Dragons 12P Let's Learn Together: Español 2:30P Dungeons & Dragons 4P	8 Conway PRIDE Festival 1P-5P (Laurel Park)	
9 CLOSED	10 CLOSE AT 5P	11 CLOSED	12 Brunch & Learn 10:30A-11:30A Tai Chi 1P Yoga for Aging Better 3P Zen Coloring 4P	Book Club 11A Chair Yoga 3P Yoga 7P	14 Dungeons & Dragons 12P Let's Learn Together: Español 2:30P Dungeons & Dragons 4P Beginner Line Dancing w/Rowdy Roundabout 7P	15 FREE Diabetes & Vision Screening 9A-3P Healing Your Finances: Tackling Medical Debt 1P	
16 Poetry @ The Public 2P CLOSED	17 Library Board Meeting 5:30P	18 PICK SIX SPECIAL ELECTION 7:30A-7:30P Writing Workshop 1P Yarnaholics 3:30P	Tai Chi 1P Yoga for Aging Better 3P Zen Coloring 4P	Coffee & Conversation w/CLA 9A Senior Networking 11:30A Chair Yoga 3P Adult Writing Group 7P Yoga 7P	21 Dungeons & Dragons 12P Let's Learn Together: Español 2:30P Dungeons & Dragons 4P	Register to attend here!	
23 CLOSED	Open Enrollment Medicare Info 10:30A	25 Writing Workshop 1P 2nd Annual Puzzle Competition 1:30P-3:30P CLOSE AT 5P	26 CLOSED	27 CLOSED	CLOSED	29	
30 CLOSED	IN DECEMBER: 12/4 - Open Enrollment: Medicare Info; 1P 12/20 - Jane Austen Birthday Celebration; 1P-4P 12/6 - Playwright Group w/The Lantern Theatre; 3P 12/23 - Blood Drive with Our Blood Institute; 11A-4P						

Weekly Programs:

- Yarnaholics Knitting, crochet, cross stitch, or even non-thread based crafting, are all welcome! Materials are not provided. All skill levels are welcome! Every Tuesday, 3:30 pm-6:30 pm.
- Chronic Pain Support Group Tuesdays at 7:00 pm! Join a community support group with the American Chronic Pain Association. Visit acpanow.com for more information
- Tai Chi *Please note the changes* This is a community group practicing Tai Chi for Health movements. Sessions are free and no pre-registration required; participants must sign in at each class. Every Wednesday at 1:00 pm. These sessions are not led by a teacher and are intended for all skill levels to follow along with a Tai Chi for Health DVD.
- Yoga for Aging Better Join Ruby for a session to help our bodies age better. Participants must sign in at each class. Mats, straps, and forms are available to borrow if needed.
- **Zen Coloring** Decompress with us! Stop by the Seminar Room (near JF/YA) between 4:00 pm-6:00 pm for an intentional zen moment. A variety of coloring pages (including reverse coloring) will be provided as well as a selection of colored pencils, markers, and pens. Please silence your cell phone and keep conversations to a minimum in this space.
- Chair Yoga Chair yoga is modified to be gentle for bodies of all abilities. Forms and straps are provided, but please feel free to bring your own. Participants must sign in at each class.
- . Yoga for Adults Designed for beginner or advanced students to feel welcome. Mats and forms are available to borrow if needed. Participants must sign in at each class.
- Let's Learn Together: Español Every Friday at 2:30 pm join a community of individuals who want to be better Spanish speakers! Let's help each other learn and improve our language skills! There is no instructor; this is a self-paced group intended to hone conversational skills and provide practice opportunities.
- Dungeons & Dragons You can play D&D 5E at the library! Every Friday at Noon or 4:00 pm. All materials provided. Intended for ages 16 and up. Tween/Teens have their own group!
- Free Food Distribution Arkansas Community Advocates has decided to change locations. Free food distribution will now be held on Sundays at 6 pm at 1111 Harrison Street.

Monthly Programs:

- Playwright Group with The Lantern Theatre Join The Lantern Theatre and local playwrights for a community workshop! The first 30 minutes will be spent reading the selected work(s) for the month followed by feedback and questions. This event is free and open to the public. Please check the Lantern's Facebook page for information about this month's selected work.
- **Brunch & Learn** Join Alzheimer's Arkansas and Arkansas Aging Wiser for a monthly meeting to learn about different issues facing clients, caregivers, and professionals. Held the 2nd Wednesday of each month at 10:30 am. Light refreshments are provided. For more information or to get involved, please contact AR Aging Wiser on Facebook.
- 2nd Thursday Book Club This month we're discussing Harlem Shuffle by Colson Whitehead. Books are provided through the Arkansas State Library's program for book clubs. Light refreshments are provided. Next month's book is Killers of the Flower Moon by David Grann. Visit fcl.libnet.info/events for more information about the titles for each month.
- Healing Your Finances: Tackling Medical Debt Arkansas Asset Builders provides a FREE financial literacy seminar each month at 1:00 pm. Registration is requested for a headcount, please visit arkansassassetbuilders.org/events for more information and to register. Light refreshments will be provided. These classes are FREE and open to the public.
- Coffee & Conversation with CLA Join Conway League of Artists on the 3rd Thursday for coffee and conversations about art! All are welcome to join. (Please bring your own coffee!)
- Senior Networking Alzheimer's Arkansas is hosting a monthly Senior Networking meeting for professionals working with senior citizens! Held the 3rd Thursday of every month at 11:30 am. Please contact Alzheimer's Arkansas at <u>alzark.org</u> for more information. Located in Program Space 1 unless otherwise noted.
- Adult Writing Group Join Fellowship of Conway Literati on the third Thursday of each month at 7:00 pm for a writing workshop with fellow authors! This group is intended for ages 18 and up. Please find the Literati group on Facebook or Discord for more information and to have your piece workshopped with the group.

Special Programs:

- **Beginner Line Dancing** Grab your boots and join us for a fun night of line dancing lessons with Rowdy Roundabout Dancing! No registration is required. This event is intended for ages 16 and up. Music may contain thematic elements and language not suited for children. Nov. 1st Line Dancing is Halloween themed and costumes are very much encouraged!
- Writing Workshop Join fellow authors from around the area to workshop your in-process pieces together with Dr. John Vanderslice. Workshop sessions will be on scheduled Tuesdays at 1:00 pm in Program Space 1 (unless otherwise noted). All genres are welcome! Intended for ages 16 and up.
- **Open Enrollment: Medicare Info** Join Lindsay Davis with the Arkansas Medicare Resource Center for information about the Medicare Annual Notice of Changes and how it affects you. Sessions will be held twice a month through December! Visit <u>fc.llibnet.info/events</u> for the full schedule. These events are free and open to the public.
- Conway PRIDE Festival Join us for Conway's Pride Festival at Laurel Park from 1:00 pm-5:00 pm. Be sure to stop by the Faulkner County Library booth to say hey and grab some swag!
- FREE Diabetes & Vision Screening Conway Lions Clubs (Noon & Evening) will be back with Conway Regional for the annual FREE Diabetes & Vision screening in the library lobby.
- Poetry @ the Public Join us for an afternoon of light refreshments, community, and poetry! Doors will open at 2:00 pm and guests are invited to enjoy light refreshments and a meet-and-greet with the authors and community. Readings will start at 2:30 pm. No registration is required.
- PICK SIX SPECIAL ELECTION Make your voice heard and vote! Voting takes places from 7:30 am-7:30 pm. You must be IN LINE by 7:30 pm to vote. Faulkner County has voting centers which means you can vote at any polling location in the county. The other polling locations for this special election will be: McGee Center at 3800 College Ave and the Conway Community Center at 250 Central Landing Blvd. For more information about voting requirements and the ballot, please visit votefaulknerar.gov
- 2nd Annual Puzzle Competition Build your best puzzling team and join us for the 2nd Annual Puzzling Competition! Bring a team of up to 6 people to compete in this timed event. No registration is required but supplies are limited and first come, first served. Priority will be towards already established teams (between 2-6 people) and late arrivals may not be able to participate. No age requirements, but it *is* a competition!







