

UPDATED!

October 2025 Adult Programs

1900 Tyler Street, Conway, AR 72032 | 501-327-7482 | fcl.org



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 	Grab your spot to save up to 3 lives by donating blood! 	 Register for the FREE Legal Clinic with Legal Aid of AR!	1 Tai Chi 1P Yoga for Aging Better 3P NEW: Zen Coloring 4P	2 Open Enrollment Medicare Info 1P Chair Yoga 3P	3 Let's Learn Together: Español 2:30P Friends of the Library Book Sale 6P-8P (Friends Members)	4 Friends of the Library Book Sale 9A-5P ArtsFest w/Conway Alliance for the Arts 10A-2P (5 th Ave Park)
5 CLOSED Free Food Distribution 7P	6 	7 Friends of the Library Meeting 10A Writing Workshop 1P Yarnaholics 3:30P	8 Brunch & Learn 10:30A-11:30A Blood Drive 11A-4P Tai Chi 1P Yoga for Aging Better 3P Zen Coloring 4P	9 Proclamation 10A Book Club 11A Chair Yoga 3P Yoga 7P	10 Dungeons & Dragons 12P Let's Learn Together: Español 2:30P Dungeons & Dragons 4P Page to Stage for Adults Dinner & Discussion 7P	11 Navigating Student Loan Debt 1P Playwright Group w/The Lantern 3P (Antigone Reading)
12 CLOSED Free Food Distribution 7P	13 CLOSED STAFF IN-SERVICE	14 Writing Workshop 1P Yarnaholics 3:30P Chronic Pain Support Group 7P	15 Tai Chi 1P Yoga for Aging Better 3P Zen Coloring 4P	16 Coffee & Conversation w/CLA 9A Senior Networking 11:30A Chair Yoga 3P Adult Writing Group 7P Yoga 7P	17 CD Rate Changes 10A Dungeons & Dragons 12P Let's Learn Together: Español 2:30P Dungeons & Dragons 4P	18  Tarot & Tea 1P
19 Poetry @ The Public 2P CLOSED Free Food Distribution 7P	20 Library Board Meeting 5:30P Conway League of Artists Meeting 6P	21 Writing Workshop 1P Yarnaholics 3:30P Community Forum: Proposed Taxes 5:30P Chronic Pain Support Group 7P	22 Tai Chi 1P Yoga for Aging Better 3P Zen Coloring 4P	23 Open Enrollment Medicare Info 10:30A Chair Yoga 3P Beginner Line Dancing w/Rowdy Roundabout 6P Yoga 7P	24 Legal Clinic w/Legal Aid of Arkansas 10A-2P Dungeons & Dragons 12P Let's Learn Together: Español 2:30P Dungeons & Dragons 4P	25  FAFSA Help Day 1P-4P
26 Author Talk: Lisa Wilson CLOSED	27 	28 Writing Workshop 1P Yarnaholics 3:30P Chronic Pain Support Group 7P	29 Alzheimer's Support Group 10:30A Tai Chi 1P Yoga for Aging Better 3P Zen Coloring 4P	30 Chair Yoga 3P Yoga 7P	31 Dungeons & Dragons 12P Let's Learn Together: Español 2:30P Dungeons & Dragons 4P	 Playwright Group w/The Lantern 3P Beginner Line Dancing w/Rowdy Roundabout 4P

COMING UP IN NOVEMBER:

- 11/1 - Playwright Workshop with The Lantern Theatre; 3P
- 11/1 - Line Dancing with Rowdy Roundabout; 4P (Costumes encouraged!)
- 11/3 - Conway League of Artists Fall Show Awards Reception; 6P
- 11/14 - Line Dancing with Rowdy Roundabout; 7P

- 11/15 - Healing Your Finances: Tackling medical debt; 1P (Registration requested)
- 11/16 - Poetry @ the Public; Doors open at 2P
- 11/18 - Special Election for proposed tax changes; 7:30A-7:30P (West side entrance)
- 11/25 - 2nd Annual Puzzle Competition; 1:30P-3:30P

November holiday closings - 11/10 Close at 5P; 11/11 CLOSED; 11/25 Close at 5P; 11/26-11/28 CLOSED

Weekly Programs:

- **Yarnaholics** - Knitting, crochet, cross stitch, or even non-thread based crafting, are all welcome! Materials are not provided. All skill levels are welcome! Every Tuesday, 3:30 pm to 6:30 pm.
- **Chronic Pain Support Group** - Tuesdays at 7:00 pm! Join a community support group with the American Chronic Pain Association. Visit acpanow.com for more information
- **Tai Chi *Please note the changes*** - This is a community group practicing Tai Chi for Health movements. Sessions are free and no pre-registration required; participants must sign in at each class. Every Wednesday at 1:00 pm. **These sessions are not led by a teacher and are intended for all skill levels to follow along with a DVD produced by Dr. Paul Lam with Tai Chi Productions.**
- **Yoga for Aging Better** - Join Ruby for a session to help our bodies age better. Participants must sign in at each class. Mats, straps, and forms are available but you are encouraged to bring your own.
- ***NEW* Zen Coloring** - Decompress with us! Stop by the Seminar Room (near JF/YA) between 4:00 pm and 6:00 pm for an intentional zen moment. A variety of coloring pages (including reverse coloring) will be provided as well as a selection of colored pencils, markers, and pens. Please silence your cell phone and keep conversations to a minimum in this space.
- **Chair Yoga** - Chair yoga is modified to be gentle for bodies of all abilities. Forms and straps are provided, but please feel free to bring your own. Participants must sign in at each class.
- **Yoga for Adults** - Designed for beginner or advanced students to feel welcome. Mats and forms are available but you are encouraged to bring your own. Participants must sign in at each class.
- **Let's Learn Together: Español** - Every Friday at 2:30 pm join a community of individuals who want to be better Spanish speakers! Let's help each other learn and improve our language skills! There is no instructor; this is a self-paced group intended to hone conversational skills and provide practice opportunities.
- **Dungeons & Dragons** - You can play D&D 5E at the library! Every Friday at Noon or 4:00 pm. All materials provided. Intended for ages 16 and up. Tween/Teens have their own group!
- **Free Food Distribution** - If you need food, come to the west side of the library at 7:00 pm on Sunday evenings. No judgements and no requirements! **The last Sunday Food Distribution will be held at different locations in low-income areas to help ease the burden of transportation. Check AR Community Advocates FB page for locations!

Monthly Programs:

- **Brunch & Learn** - Join Alzheimer's Arkansas and Arkansas Aging Wiser for a monthly meeting to learn about different issues facing clients, caregivers, and professionals. Held the 2nd Wednesday of each month at 10:30 am in Program Space 1 unless otherwise noted. Light refreshments are provided. For more information or to get involved, please contact AR Aging Wiser on Facebook.
- **2nd Thursday Book Club** - This month we're discussing *Camp Nine* by Vivienne Schiffer. Books are provided through the Arkansas State Library's program for book clubs. Light refreshments are provided at each book club meeting. Next month's book is *Harlem Shuffle* by Colson Whitehead. Visit fclibnet.info/events for more information about the titles for each month.
- **Navigating Student Loan Debt** - Arkansas Asset Builders provides a FREE financial literacy seminar on the 2nd Saturday of each month at 1:00 pm. Registration is requested for a headcount, please visit arkansasassetbuilders.org/events for more information and to register. Light refreshments will be provided. These classes are FREE and open to the public.
- **Playwright Group with The Lantern Theatre** - Join The Lantern Theatre and local playwrights for a community workshop! The first 30 minutes will be spent reading the selected work(s) for the month followed by feedback and questions. This event is free and open to the public. This month's workshop will feature The Lantern's *Antigone* production that runs Oct. 17th through the 26th!
- **Coffee & Conversation with CLA** - Join Conway League of Artists on the 3rd Thursday of each month for coffee and conversations about art! All are welcome to join. (Please bring your own coffee!)
- **Senior Networking** - Alzheimer's Arkansas is hosting a monthly Senior Networking meeting for professionals working with senior citizens! Held the 3rd Thursday of every month at 11:30 am. Please contact Alzheimer's Arkansas at alzark.org for more information. Located in Program Space 1 unless otherwise noted.
- **Adult Writing Group** - Join Fellowship of Conway Literati on the third Thursday of each month at 7:00 pm for a writing workshop with fellow authors! This group is intended for ages 18 and up.
- **Alzheimer's Support Group** - Alzheimer's Arkansas provides a support group for those living with or caring for someone who lives with Alzheimer's and other dementia types. Group meetings are the last Wednesday of the month at 10:30 am. Visit alzark.org for more information.

Special Programs:

- **Open Enrollment: Medicare Info** - Join Lindsay and Josh Davis, with the Arkansas Medicare Resource Center, for information about the Medicare Annual Notice of Changes and how it affects you. Sessions will be held twice a month through December! Visit fclibnet.info/events for the full schedule. These events are free and open to the public.
- **ArtsFest with Conway Alliance for the Arts** - Stop by 5th Avenue Park for Conway Alliance for the Arts annual ArtsFest! For more information about Conway Alliance for the Arts and ArtsFest: conwayarts.org
- **Writing Workshop** - Join fellow authors from around the area to workshop your in-process pieces together with Dr. John Vanderslice. Workshop sessions will be on scheduled Tuesdays at 1:00 pm in Program Space 1 (unless otherwise noted). All genres are welcome! Intended for ages 16 and up.
- **Blood Drive with Our Blood Institute** - The Blood Mobile will be onsite from 11:00 am to 4:00 pm in the West parking lot. Walk-ins are always welcome, but appointments are honored first. Scan the QR code on the front of the calendar or visit yourbloodinstitute.org/donor/schedules/drive_schedule/663814 to make an appointment.
- **Proclamation for National Disability Employment Awareness Month** - We're highlighting National Disability Employment Awareness Month with a proclamation from Faulkner County Judge Dodson!
- **Page to Stage Dinner & Discussion** - Registrants for Page to Stage for Adults Fall 2025! Attendance at this Dinner & Discussion is required to receive your ticket for attending Tina: The Tina Turner Musical.
- **CD Rate Changes** - If you've invested in CDs, this session is for you! Join Heston, a financial representative with Modern Woodmen of America, to learn about the rate changes headed your way and well-performing CD alternatives. No registration is required. Light refreshments will be provided. This event is free and open to the public.
- **Tarot & Tea** - Interested in tarot? Join Nephtara (Brandi) Grace for this spooky season special. Bring your favorite mug, a tarot deck if you have it, and be ready to learn! A selection of teas and limited tarot decks will be provided at no cost. Learn about the history of this practice and how to gain soulful insights on your own. This event is intended for ages 16 and up.
- **Poetry @ the Public** - Join us for an afternoon of light refreshments, community, and poetry! Eric Paul Shaffer will be making his Poetry @ the Public debut while visiting the state all the way from Hawaii! Doors will open at 2:00 pm and guests are invited to enjoy light refreshments and a meet-and-greet with the author and community. Readings will start at 2:30 pm. No registration is required.
- **Community Forum: Proposed Tax Changes** - Learn about the proposed tax changes for the city of Conway ahead of voting in November. Hosted by the local chapters of NAACP and League of Women Voters.
- **Beginner Line Dancing** - Grab your boots and join us for a fun night of line dancing lessons with Rowdy Roundabout Dancing! No registration is required. This event is intended for ages 16 and up. Music may contain thematic elements and language not suited for children. We'll be outside on the West Parking Lot this time! Be sure to stop by early for the fire pit and s'mores from 4:00 pm to 6:00 pm.
- **Legal Clinic with Legal Aid of Arkansas** - This clinic would offer brief legal services in several high-need areas, including: Criminal Record Sealing, Estate Planning/Advanced Directives, Family law matters, and Landlord/tenant issues. Register to attend the clinic and find out what you'll need to bring by scanning the QR code on the front of the calendar.
- **FAFSA Help Day** - Join Arkansas Asset Builders and local college and university representatives for assistance getting that FAFSA application filled out and submitted! Appointments are requested. Let Arkansas Asset Builders know you plan on attending here: <https://waitwhile.com/locations/fafsahelpday/welcome>
- **Author Talk: Lisa Bell Wilson "Can You See My Dust?"** - You are invited for an afternoon celebrating local artist and accessibility advocate, John Bell, Jr. His daughter, Lisa Wilson, will share excerpts from her memoir about her father, his life as an artist and living with cerebral palsy, and his advocacy work as accessibility laws were coming on the books. Doors open at 2:00 pm for a signing and meet-and-greet with the author and the reading will begin at 2:30 pm. For more information about the author, please visit fclibnet.info/event/14469967