

SEPTEMBER 2025

GARDEN PROGRAMS

SUN

MON

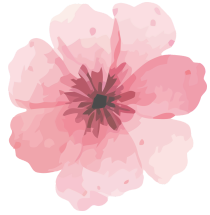
TUE

WED

THU

FRI

SAT



1



2

3

4



Rock Painting
4:30 - 5:30 pm

Group Gardening
4 - 6 pm



5



Conway Art Walk
5 - 8 pm

6

Group Gardening
9 - 11 am
Wild Harvest For A
Healthy Gut
11 am - Noon
Hispanic Heritage
Festival 4 - 8 pm,
@ Laurel Park

7



8

9

10

11



Rock Painting
4:30 - 5:30 pm



Group Gardening
4 - 6 pm

Wag-Worthy
Wholesome Bites, 5:30



12

13



Raised Bed Work
Group, 8 - 10 am

Group Gardening
9 - 11 am

Home Food
Preservation 101, 10 am



14



15

16

17

Vocal Yoga
with Vimala
2 - 3 pm



18



Rock Painting
4:30 - 5:30 pm

Group Gardening
4 - 6 pm



Know & Grow
Bulbs, 5:30 pm



19

20

Group Gardening
9 - 11 am



Natural Healing
(In the garden)
10 - 11 am



21



22

23

24

25



Rock Painting
4:30 - 5:30 pm



Group Gardening
4 - 6 pm

Bonfire & S'mores
Night
4 - 6 pm



26

27

Group Gardening
9 - 11 am



Grounding In The
Garden, 10 - 11 am



Solar Saturday
1 pm

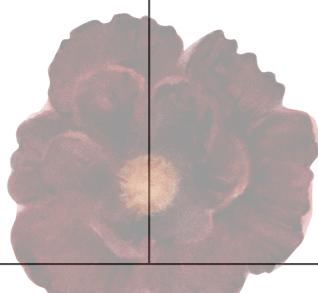


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Program Details

(programs are in the community garden unless otherwise noted)

Group Gardening: Join us in the community garden to work our plots, water, and work together to make our garden beautiful. It's a great time to socialize and learn from each other. Children welcomed with adult supervision. Shawn, the Garden Programmer, will be on hand to help and answer questions.

Rock Painting In The Garden: Have fun exploring the garden and creating your own special artwork. *Weather dependent. Some activities may be moved indoors.*

Conway Art Walk: Visit our table at the Art Walk from 5 - 8 pm and create your own piece of art.

Wild Harvest For A Healthy Gut: Interested in sustained energy and a healthy microbiome? "Health is our wealth "
Learn how to maintain happiness by consuming one wild forged plant each day. From the first hand experience of a thriving intestinal transplant recipient, learn about food combinations that will help you understand how to reduce blood sugar spikes and cravings for sweets and stimulants throughout the day. Learn how to restore the relationship between earth and your body so it craves what you biologically need. A happy gut = a healthy mind.
We will process two herbs into teas to take home and prepare a wild forged salad to try. This program also includes an informative tiny book with life hacks for happiness.
Weather dependent.

Hispanic Heritage Festival: Join us on Saturday, September 6th, from 4:00 PM to 8:00 PM at Laurel Park in Conway! Celebrate with live performances, delicious food, vibrant art, and fun activities for all ages. Bring your family and friends for an unforgettable evening honoring Hispanic culture and community.

Wag-Worthy Wholesome Bites: Grow healthy treats for you and your dog. There will be goodie bags and door prizes for patrons and puppies.

Raised Bed Workshop: The Faulkner County Master Gardeners will be constructing a concrete block raised bed in their new teaching garden behind the library. Join us to observe and learn. *Weather dependent.*

Home Food Preservation 101: Learn about various types of canning, from pressure cooking to fermentation. There will be a live demonstration of hot water bath canning and lots of learning materials to take home.

Vocal Yoga with Vimala: The program will include a guided meditation for deep breathing and tension release, followed by a short instruction and demonstration on how to balance and harmonize our bodies with sound.

Master Gardeners Present: Know & Grow Bulbs: The Faulkner County Master Gardeners will teach you everything you need to know for a beautiful spring bulb garden. Now is the time to prepare!

Natural Healing (In The Garden): This program will introduce you to Nature Therapy and show you how it works, helping you discover how this might be the support tool you're looking for. *Weather dependent.*

Bonfire & S'mores: Join us in the garden for a bonfire and s'mores. A fun time to enjoy the garden and socialize with your fellow library patrons. *Weather dependent.*

Solar Saturday: Explore the wonders of our nearest star and learn how it affects our planet and our garden. We will have a solar telescope and sun spotter available to safely observe the sun and map sunspots. *Weather dependent.*

Grounding In The Garden: Grounding is more than a physical act, it's a return, an exchange with Mother Earth. Come experience what all this means and more! . *Weather dependent.*