

# September 2025 Adult Programs

1900 Tyler Street, Conway, AR 72032 | 501-327-7482 | fcl.org



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 1  CLOSED	2  <b>Friends of the Library Meeting 10A</b>  Yarnaholics 3:30P  Chronic Pain Support Group 7P	3  Tai Chi 1P  Yoga for Aging Better 3P	4  Bridge 12P <b>Open Enrollment Medicare Info 1P</b>  Chair Yoga 3P  Yoga 7P	5  <b>Drawing Class 10:30A</b>  Let's Learn Together: Español 2:30P  Dungeons & Dragons 4P <b>Conway Art Walk 5P (Downtown Conway)</b>	6  <b>Playwright Group w/The Lantern 3P</b>  <b>Hispanic Heritage Festival 4P (Laurel Park)</b>	
7  CLOSED  Free Food Distribution 7P	8  <b>Conway League of Artists Meeting 6P</b>	9  Yarnaholics 3:30P  Chronic Pain Support Group 7P	10  <b>Brunch &amp; Learn 10:30A-11:30A</b>  Tai Chi 1P  Yoga for Aging Better 3P	11  <b>Book Club 11A</b>  Bridge 12P  Chair Yoga 3P  Yoga 7P	12  <b>Drawing Class 10:30A</b>  Let's Learn Together: Español 2:30P  Dungeons & Dragons 4P <b>Page to Stage Movie Night: Tina Turner Biopic 7P</b>	13  <b>Social Security Retirement Benefits 1P</b>
14  <b>Author Talk: Brave Spaces &amp; Johnny Cash 2P</b>  CLOSED  Free Food Distribution 7P	15  <b>Library Board Meeting 5:30P</b>	16  <b>National Voter Registration Day with LWV 11A-3P</b> <b>Writing Workshop 1P</b>  Yarnaholics 3:30P  Chronic Pain Support Group 7P	17  Tai Chi 1P  Yoga for Aging Better 3P	18  <b>Coffee &amp; Conversation w/CLA 9A</b> <b>Senior Networking 11:30A</b>  Bridge 12P  Chair Yoga 3P <b>Adult Writing Group 7P</b>  Yoga 7P	19  Let's Learn Together: Español 2:30P  Dungeons & Dragons 4P	20  <b>Beginner Line Dancing w/Rowdy Roundabout 4P (Sponsored by WLN)</b>
21  <b>Poetry @ the Public 2P</b>  CLOSED  Free Food Distribution 7P	22  	23  <b>Writing Workshop 1P</b>  Yarnaholics 3:30P  Chronic Pain Support Group 7P	24  <b>Alzheimer's Support Group 10:30A</b>  Tai Chi 1P  Yoga for Aging Better 3P	25  <b>Open Enrollment Medicare Info 10:30A</b>  Bridge 12P  Chair Yoga 3P <b>Medicare Benefits 101 5:30P</b>  Yoga 7P	26  <b>Hiring Event with Workforce Services 10A-1P</b>  Let's Learn Together: Español 2:30P  Dungeons & Dragons 4P	27  <b>AR PBS Family Day 10A-2P (UCA)</b>  <b>Saving on Your Daily Purchases 1P</b>
28  CLOSED  	29  	30  <b>Writing Workshop 1P</b>  Yarnaholics 3:30P	<div><div><div><div>Central Arkansas Workforce Development Area</div></div></div><div><div><div>Arkansas Workforce Connections</div></div></div><div><div>Confirm your attendance for the 9/26 Hiring Event with Workforce Services here!</div></div><div></div></div>			

## COMING UP IN OCTOBER:

10/3 & 10/4 - Friends of the Library Book Sale; Friday 6P-8P, Saturday 9A-5P  
 10/4 - ArtsFest w/Conway Alliance for the Arts; 10A-2P (5<sup>th</sup> Ave Park)  
 10/8 - Blood Drive with Our Blood Institute; 11A-4P (West Side Parking Lot)  
 10/19 - Poetry @ The Public; Doors open at 2P

10/21 - Conway League of Artists Fall Show Exhibit opens  
 10/23 - Line Dancing with Rowdy Roundabout; 6P-8:30P (West Side Parking Lot)  
 10/24 - Free Civil Legal Clinic with Legal Aid of AR; 10A-2P  
 10/26 - Author Talk: "Can You See My Dust" by Lisa Wilson; doors open at 2P

### Weekly Programs:

- **Yarnaholics** - Knitting, crochet, cross stitch, or even non-thread based crafting, are all welcome! Materials are not provided. All skill levels are welcome! Every Tuesday, 3:30 pm to 6:30 pm.
- **Chronic Pain Support Group** - Tuesdays at 7:00 pm! Join a community support group with the American Chronic Pain Association. Visit [acpanow.com](http://acpanow.com) for more information
- **Tai Chi \*Please note the changes\*** - This is a community group practicing Tai Chi for Health movements. Sessions are free and no pre-registration required; participants must sign in at each class. Every Wednesday at 1:00 pm. ***These sessions are not led by a teacher and are intended for all skill levels to follow along with a DVD produced by Dr. Paul Lam with Tai Chi Productions.***
- **Yoga for Aging Better** - Join Ruby for a session to help our bodies age better. Participants must sign in at each class. Mats, straps, and forms are available but you are encouraged to bring your own.
- **Bridge** - Interested in playing or learning to play Bridge? Join our Bridge group on Thursdays at Noon down in the AR Room area.
- **Chair Yoga** - Chair yoga is modified to be gentle for bodies of all abilities. Forms and straps are provided, but please feel free to bring your own. Participants must sign in at each class.
- **Yoga for Adults** - Designed for beginner or advanced students to feel welcome. Mats and forms are available but you are encouraged to bring your own. Participants must sign in at each class.
- **Let's Learn Together: Español** - Every Friday at 2:30 pm join a community of individuals who want to be better Spanish speakers! Let's help each other learn and improve our language skills! There is no instructor; this is a self-paced group intended to hone conversational skills and provide practice opportunities.
- **Dungeons & Dragons** - You can play D&D 5E at the library! Every Friday from 4:00 pm to 6:30 pm. All materials provided. Intended for ages 16 and up. Tween/Teens have their own group!
- **Free Food Distribution** - If you need food, come to the west side of the library at 7:00 pm on Sunday evenings. No judgements and no requirements! \*\*The last Sunday Food Distribution will be held at different locations in low-income areas to help ease the burden of transportation. Check AR Community Advocates FB page for locations!

### Monthly Programs:

- **Playwright Group with The Lantern Theatre** - Join The Lantern Theatre and local playwrights for a community workshop! The first 30 minutes will be spent reading the selected work(s) for the month followed by feedback and questions. This event is free and open to the public. Please visit [fcl.libnet.info/events](http://fcl.libnet.info/events) for more information.
- **Brunch & Learn** - Join Alzheimer's Arkansas and Arkansas Aging Wiser for a monthly meeting to learn about different issues facing clients, caregivers, and professionals. Held the 2nd Wednesday of each month at 10:30 am in Program Space 1 unless otherwise noted. Light refreshments are provided.
- **2nd Thursday Book Club** - This month we're discussing *1984* by George Orwell. Books are provided through the Arkansas State Library's program for book clubs. Light refreshments are provided at each book club meeting. Next month's book is *Camp Nine* by Vivienne Schiffer. Visit [fcl.libnet.info/events](http://fcl.libnet.info/events) for more information about the titles for each month.
- **Social Security Retirement Benefits** - Arkansas Asset Builders provides a FREE financial literacy seminar on the 2nd Saturday of each month at 1:00 pm. Registration is requested for a headcount, please visit [arkansasassetbuilders.org/events](http://arkansasassetbuilders.org/events) for more information and to register. Light refreshments will be provided. These classes are FREE and open to the public.
- **Coffee & Conversation with CLA** - Join Conway League of Artists on the 3rd Thursday of each month for coffee and conversations about art! All are welcome to join. (Please bring your own coffee!)
- **Senior Networking** - Alzheimer's Arkansas is hosting a monthly Senior Networking meeting for professionals working with senior citizens! Held the 3rd Thursday of every month at 11:30 am. Please contact Alzheimer's Arkansas at [alzark.org](http://alzark.org) for more information. Located in Program Space 1 unless otherwise noted
- **Adult Writing Group** - Join Fellowship of Conway Literati on the third Thursday of each month at 7:00 pm for a writing workshop with fellow authors! This group is intended for ages 18 and up and is typically held in Program Space 2. Keep up with workshop options and fellow writers by joining their Facebook group!
- **Alzheimer's Support Group** - Alzheimer's Arkansas provides a support group for those living with or caring for someone who lives with Alzheimer's and other dementia types. Group meetings are the last Wednesday of the month at 10:30 am. Visit [alzark.org](http://alzark.org) for more information.

### Special Programs:

- **Open Enrollment: Medicare Info** - Join Lindsay and Josh Davis, with the Arkansas Medicare Resource Center, for information about the Medicare Annual Notice of Changes and how it affects you. Sessions will be held twice a month from September through December! Visit [fcl.libnet.info/events](http://fcl.libnet.info/events) for the full schedule. These events are free and open to the public.
- **Drawing Class** - Learn different drawing techniques from members of Conway League of Artists! Drawing classes will be Fridays at 10:30 am on 9/5 and 9/12 in Program Space 1. Limited supplies will be available but you are encouraged to bring your own if you have them. Suggested supplies: paper (plain or sketch), pencils, and an eraser.
- **Conway Art Walk** - Come find our table in the Creative Cove at Oak & Chestnut in downtown Conway. We'll have library information and an activity for all ages!
- **Hispanic Heritage Festival** - Come out to Laurel Park for the Hispanic Heritage Festival hosted by Paloma Community Services. Stop by the booth to say hey and grab library info and giveaways!
- **Page to Stage Movie Night!** - Join us for a screening of "What's Love Got To Do With It", a biopic about Tina Turner, on Friday, September 10th at 7:00 pm! If you've registered for Page to Stage for Adults, please remember to stop by and pick up your copy of "I, Tina". Popcorn and drinks will be provided. This event is free and open the public. Intended for ages 16 and up.
- **Author Talk: Brave Spaces & Johnny Cash** - Doors will open at 2:00 pm for light refreshments and a meet-and-greet with the author. Readings will start at 2:30 pm to be followed by an audience Q&A.
- **National Voter Registration Day w/League of Women Voters** - Celebrate National Voter Registration Day with us! League of Women Voters Faulkner County will be onsite at the Faulkner County Library to help you with your voter registration form and any questions you may have. For more information about LWV, please visit [www.lwv.org/local-leagues/lwv-faulkner-county](http://www.lwv.org/local-leagues/lwv-faulkner-county).
- **Writing Workshop** - Join fellow authors from around the area to workshop your in-process pieces together with Dr. John Vanderslice. These sessions will happen over the course of 10 weeks starting September 16th at 1:00 pm. Workshop sessions will be on scheduled Tuesdays at 1:00 pm in Program Space 1 (unless otherwise noted). All genres are welcome! Intended for ages 16 and up.
- **Beginner Line Dancing** - Grab your boots and join the Women's Leadership Network for a fun night of line dancing lessons with Rowdy Roundabout Dancing! We'll be learning the Electric Slide and Canadian Stomp to get ready for the Gold Rush Gala. No registration is required. This event is intended for ages 18 and up. Music may contain thematic elements and language not suited for children.
- **Poetry @ the Public** - Join us for an afternoon of light refreshments, community, and poetry! Marie Kressin will be making her Poetry @ the Public debut and Acie Clark will be making a grand return! Doors will open at 2:00 pm and guests are invited to enjoy light refreshments and a meet-and-greet with the authors. Readings will start at 2:30 pm.
- **Medicare Benefits 101** - Join us for an educational seminar on Medicare with the Medicare Education Network. If you would like to register to attend, please call 501-760-1590. Registration is not required.
- **Hiring Event with Workforce Services** - Meet potential employers and explore job openings from 10:00 am to 1:00 pm! For more info and to confirm your attendance, visit [www.workforcear.com/event-details/faulkner-county-hiring-event](http://www.workforcear.com/event-details/faulkner-county-hiring-event) or scan the QR code on the front of this calendar.
- **AR PBS Family Day** - Join us at AR PBS (UCA campus) for a fun filled day celebrating community and children! Be sure to stop by our booth and get all your library info and giveaways!
- **Saving on Your Daily Purchases** - Join Austin Norman, with AR Asset Builders, for a special financial literacy workshop on how you can save money on your day-to-day spending. Registration is requested for a headcount. Please visit [arkansasassetbuilders.org/events](http://arkansasassetbuilders.org/events) for more information and to register. Light refreshments will be provided. These classes are FREE and open to the public.