

Regularly Scheduled Programs:

- **Adult Continuing Education Coalition** - A study and work space for adults to build community while pursuing continued education. Anyone pursuing education of any form is invited to participate! Every Monday from 11:00 am to 1:00 pm in Program Space 1 unless otherwise noted. Visit fcl.libnet.info/events for more information.
- **The Big Picture: Global Affairs** - Retired Hendrix professor, Dr. Ian King, is facilitating a non-partisan community discussion group focused on understanding global events. Content will be driven by group interest and input. This is not a class but rather a peer discussion group with a facilitator. Visit fcl.libnet.info/events for more information.
- **Essentials of Memoir Writing: Telling Your Story** - Local published author and retired professor, Dr. John Vanderslice, will be teaching a 10-week course on Memoir Writing! Please feel free to attend the sessions most applicable to your needs. Scheduled Tuesdays at 10:00 am. Visit fcl.libnet.info/events for each week's topic.
- **Yarnaholics** - Knitting, crochet, cross stitch, or even non-thread based crafting, are all welcome! Materials are not provided. All skill levels are welcome! Every Tuesday from 3:30 pm to 6:30 pm in Program Space 1 unless otherwise noted.
- **Chronic Pain Support Group** - Now on Tuesdays at 7:00 pm! Join a community support group with the American Chronic Pain Association. Visit acpanow.com for more information and to sign-up for updates about this program.
- **Brunch & Learn w/Alzheimer's AR & AR Aging Wiser** - Join Alzheimer's Arkansas and Arkansas Aging Wiser for a monthly meeting to learn about different issues facing clients, caregivers, and professionals. Held the 2nd Wednesday of each month at 10:30 am in Program Space 1 unless otherwise noted. Light refreshments are provided.
- **Tai Chi** - Taught by a certified instructor. Classes are free and no pre-registration required; participants must sign in at each class. Every Wednesday at 1:00 pm. For all skill levels.
- **Yoga for Aging Better** - Join yoga instructor and local author and UCA instructor, Ruby, for a yoga session for helping our bodies age better. Participants must sign in at each class. Every Wednesday at 3:00 pm. Mats and forms are available but you are encouraged to bring your own.
- **Art Thursday with CLA** - Conway League of Artists will be offering community art programs on the 1st, 2nd, and 4th Thursdays of each month at 9:00 am! (5th Thursdays where applicable) Join one of our local art organizations for some art fun at the library! Bring your own project to work on or use some of the supplies provided at no cost to attendees.
- **2nd Thursday Book Club** - This month we're discussing *The Lions of Little Rock* by Kristin Levine. Books are provided through the AR State Library's program for book clubs. Light refreshments are provided at book club meetings. Visit fcl.libnet.info/events for more information about the titles for each month.
- **Coffee & Conversations** - Join Conway League of Artists on the 3rd Thursday of each month for coffee and conversations about art! All are welcome to join.
- **Bridge** - Interested in playing or learning to play Bridge? Join our Bridge group on Thursdays at Noon down in the AR Room area.
- **Chair Yoga** - We now offer Chair Yoga. Chair yoga is modified to be gentle for bodies of all abilities. Forms and straps are provided, but please feel free to bring your own. Participants must sign in at each class. This is a FREE yoga session and is intended for ages 16 and up.
- **Yoga for Adults** - Designed for beginner or advanced students to feel welcome. Mats and forms are available but you are encouraged to bring your own. This session meets every Thursday at 7:00 pm in Program Space 1 unless otherwise noted. Participants must sign in at each class.
- **Adult Writing Group** - Join Fellowship of Conway Literati on the third Thursday of each month at 7:00 pm for a writing workshop with fellow authors! This group is intended for ages 18 and up and is typically held in Program Space 2. Keep up with workshop options and fellow writers by joining their Facebook group!
- **Let's Learn Together: Español** - Every Friday at 2:30 pm join a community of individuals who want to be better Spanish speakers! Let's help each other learn and improve our language skills! This is a self-paced group intended to hone conversational skills and provide practice opportunities.
- **Dungeons & Dragons** - You can play D&D 5E at the library! Every Friday from 4:00 pm to 7:00 pm. All materials provided. Intended for ages 16 and up.
- **Conway Art Walk** - Catch the Library in Downtown Conway the first Friday of each month at 5:00 pm for Conway ArtWalk! Join us for family friendly activities in the Creative Cove.

New Programs:

- **Senior Networking** - Alzheimer's Arkansas is hosting a monthly Senior Networking meeting at the Library! Held the 3rd Thursday of every month at 11:30 am. These Networking meetings are intended for professionals working with senior citizens in various fields.
- **Alzheimer's Support Group** - Join Alzheimer's Arkansas for a community support group for those living with or caring for someone who lives with Alzheimer's and other dementia types. Group meetings are the last Wednesday of the month at 10:00 am.

Special Programs:

- **Job Fair with Express Employment Professionals** - Express Employment Professionals will be on-site in the library lobby from 2:00 pm to 4:30 pm and they're looking for you! Express Employment offers Light Industrial, Office/Professional and Skilled Trade Positions. Get a jump start on your application process: <https://www.expresspros.com/>
- **Financial Literacy** - Arkansas Asset Builders provides a FREE financial literacy seminar on the 2nd Saturday of each month at 3:00 pm. March's session will cover setting SMART goals for your finances. Registration is requested, please visit arkansasassetbuilders.org/events for more information and to register.
- **Medicare Benefits 101** - Join Seniors Benefit with the Medicare Education Network on Thursday, March 13th at 5:30 pm for an information about Medicare benefits and plans.
- **Poetry @ The Public** - Enjoy an afternoon of poetry at the Library! Our next Poetry @ The Public features Brian Larsen and Christopher Fettes. Doors open at 2:00 pm for refreshments and a meet-and-greet. Readings will start at 2:30 pm. Visit fcl.libnet.info/events for more information about the authors.
- **Wicked: an interactive event** - Calling all Ozians - join us for a Wicked celebration! Enjoy a viewing of the movie (sing along if you want) along with themed activities and refreshments. Aimed at ages 12+ (& their families). If you would like to attend in costume and/or bring props from home, you are more than welcome to do so.